



ISM Fresh Lunch Program 2009-2010

This year we will again be serving delicious meals made right here on our campus. The focus of this program is to give students an opportunity to eat a *fresh, well-balanced meal, with appropriate proportions* daily. We will continue to serve fresh vegetables and fruit daily, as well as fresh bread from our neighbors at Paris Bakery. Additionally, we are continually working with our friends at Serendipity Farms and the Farm To School program to continue to bring in organic and locally grown produce as often as possible.

Lunch menus will continue to be distributed on a monthly basis, as well as being available on our school website. Please make sure to always have your students name, as well as all other important information listed, on the menu before turning it in. You may mark which lunches you are ordering by simply circling the meals on the days you want. We do ask that families submit their menu in a timely manner since shopping for the meals is done on a weekly basis. **No menus will be accepted if they're late or are submitted without full payment attached!**

Meals this year will continue to be offered at a cost of \$3.50 per day. The Pizza and Chinese Food Lunches will continue to be offered for \$5.00 each. In the case of a fieldtrip all students will need to bring a bag lunch. If you have already ordered a fresh meal for that day you will receive credit toward another lunch of your choice. If a student is ill on a day they have previously ordered lunch they may receive credit for that lunch as well. Parents may apply these credits for another day in the following month. Parents may do this by marking the new menu with the date missed on the line marked "credit" in the payment section of the order form.

One last thing families should keep in mind is that the lunch menu is always subject to change at the last minute without notice, if the need should arise.

Please email our Program Coordinator, Lisa Michael-Loomis at lwloomis@ismonterey.org, with any additional questions you may have.

Thank you,

Lisa Michael-Loomis,

Fresh Lunch Program Coordinator

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